

**Some of the activities offered during camp:**

**TRAIL RIDES**

Campers will be taken on pasture trail rides at least once per week (weather and field conditions permitting).



**OBSTACLE COURSE**

One day of riding will be devoted to completing the obstacle course in the arena. Campers will navigate the box, the “L”, weaving through cones, getting the mail, and cavaletti poles.

**GAME DAY**

Every Friday is game day. Campers will have fun putting all of the skills that they learned during the week to work during the fun games like Potato Race, Flag Race, Juice Race, and everyone’s favorite, THE TREAT RACE! Win prizes for beating your own best time.

**THEORY**

Campers will be lead in discussions and hands-on learning about parts of the tack and other equipment as well as its care, health and first



aid, basic horse behavior and management, anatomy and hoof care, colors and

markings, etc.

**SCRAPBOOKING**

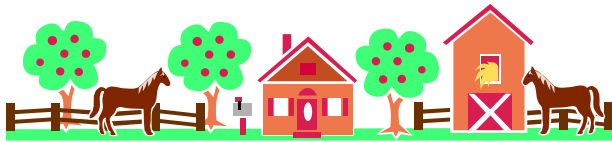
Campers will spend Friday afternoon each week creating an equine themed scrapbooking page with photos taken of each camper during the week. This is always a lot of fun and a great way to remember the week of camp.



# Horse Camp



*There is a difference between “just riding” and learning to ride well.*



**S**unnybrook Horse Camp's purpose is to teach children about the responsibilities of horse care, compassion, communication and commitment - for the animal, for one's fellow humans and for the natural environment. We have come to appreciate the value of connecting children with nature, of instilling good work habits, and of effectively communicating with others.

Camp is designed, not just to keep your child busy, but to help him/her:

- Become more responsible
- Grow in self-esteem
- Develop work and social skills that will prepare him/her to become a responsible adult.

Add to that:

- An environment where both adults and other children really care about the success of your child
- An opportunity to learn more about animals and nature

Our creative summer camp program provides extensive riding and lesson time. Days are filled with horse activities geared toward developing riders into accomplished horse people.



## Adventure Horsemanship

Adventure Horsemanship is for beginner riders who are interested in learning more about how to care for their equine friend as well as beginner riding lessons. Campers will learn riding basics, etiquette, grooming, feeding, and watering and barn management as well as anatomy, colors and markings, health care and basic first aid. This is a day camp and runs Monday through Friday, 9 am to 3 pm.

This camp is appropriate for campers age 8-12. Riders are given one group lesson per day. Cost is \$400 per week. An abbreviated version of this camp is offered during April vacation, April 19-21 from 10 am to 2 pm. Cost is \$250 per student.



## Intermediate Horsemanship

This full day session (9:00 am to 4:00 pm) is designed for campers who have basic riding skills, but are interested in learning more. Campers will learn basic horse and riding safety, health and first aid, equipment (tack), anatomy, lunging, and barn management and safety. This camp is offered Monday through Friday, from 9 am to 4 pm for riders ages 9 to 14. Cost is \$450 (for Sunnybrook students, \$475 for non-students) per week, with one riding lesson per day.

## Jumping Camp

This camp is extremely riding intensive and designed for campers who can confidently walk, trot and canter and who are interested in taking their riding to the next level. The focus of this session will be fine tuning equitation for the show ring and jumping. Emphasis will be on perfecting position, resistance-free communication with the horse and preparation for the show arena. Riders will have two lessons per day, flat work in the morning with a jumping lesson in the afternoon.

This camp is Monday through Friday, 9 am to 4 pm. Cost is \$500 (for Sunnybrook students, \$550 for non-students) per week.



## Spring Show Prep Camp

This camp is held the week of April School Vacation, April 22, 23, and 24. It is for any Sunnybrook student who is interested in showing in the 2010 season. It will include one lesson per day, along with instruction on show grooming, bathing, show tips, show attire, preparation for the show, braiding, banding, clipping, and trailer safety. Students will have the opportunity to show at the MHA Longhorn Fun Show on Sunday April, 25<sup>th</sup> in Hollis, ME. Cost is \$300, with additional fees for showing.